

11th MEETING

RedCUIDAR+

Long-Term Care Policy Network in Latin America and the Caribbean

Training Caregivers:

Challenges and Strategies for Delivering Person-Centered Care

Tuesday, November 26

10:00 a.m. 12:00 p.m. ET

Washington, D.C. **Via Zoom**

Meeting led by **El Salvador** and **SISCA**

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Erkuden Aldaz

Co-director of the Matia Institute



Laura Fernández Cordero

Researcher at the Matia Institute



Diana Barrera

Deputy Director of Public Policy at the Salvadoran Institute for the Development of Women



MODERATOR

Fiorella Benedetti

Author of "Toward the Professionalization of Caregivers: Training and Skills Needed for Long-Term Care"



ELEVENTH MEETING

Training Caregivers: Challenges and Strategies for Delivering Person-Centered Care

Thursday, November 26, 2024

10:00 a.m. – 12:00 p.m. Washington, D.C. (ET)

Meeting hosted by El Salvador and the Secretariat for Central American Social Integration through Zoom

CONCEPTUAL NOTE

The Long-Term Care Policy Network in Latin America and the Caribbean (RedCUIDAR+) was created in 2020 to support regional efforts and increase the institutional and technical capacity of the region's countries in long-term care for dependent older people. This initiative is supported by the Inter-American Development Bank (IDB) and the French Development Agency (AFD).

The CUIDAR+ Network has more than 250 members from 25 countries and encourages the region's active participation in discussions on key aspects of long-term care. So far, nine meetings have been held, which have addressed crucial issues in the care agenda, such as the steps towards implementing a system, community care, and sustainability and financing of long-term care policies, among others.

The government of El Salvador and the Secretariat for Central American Social Integration will lead the eleventh meeting of the CUIDAR+ Network, that will address the strengthening of long-term caregivers training in the region, and which are the challenges and strategies to achieve this goal.

Latin American and Caribbean countries have shown a genuine interest in long-term care policies, placing the issue in the region's public agenda and achieving important progress. However, there are still many challenges in building these policies. One of these is caregiver training, a crucial element for care quality and the professionalization of the sector. An IDB survey answered by over 27,000 caregivers in the region reveals significant training gaps: one in three people working as caregivers do so without having received any training, and only three out of ten have completed an extended course (of 150 hours or more). The lack of training rises to eight out of ten among unpaid caregivers.

Insufficient training has multiple consequences. It affects the quality of care, the well-being of those receiving care, and accelerates institutionalization. It also impacts the well-being and working conditions of caregivers. Training is associated with greater psychological well-being, higher job satisfaction, better wages, and lower turnover rates.

To address these challenges, countries need to agree on how to provide training, identify the essential technical and soft skills that need to be developed, determine which care approach to teach, select methodologies, and define how to incorporate and validate prior experience.

As part of its eleventh meeting, RedCUIDAR+ proposes a reflection on these challenges. The objective is to exchange experiences, best practices, and lessons learned among participants.

The meeting will be virtual and two hours long, and it will consist of **3 sessions**. During the first session, Erkuden Aldaz, co-director of the Matia Institute from Spain, will give a presentation on the benefits of training, what it means to train from a Person-Centered Care approach, and will briefly discuss the case of Spain. In the second session, Diana Barrera, Deputy Director of Public Policy at the Salvadoran Institute for the Development of Women, and Laura Fernández Cordero, researcher at the Matia Institute from Spain, will discuss the design of caregiver training curricula in El Salvador as part of the Care Co-responsibility Policy.

The third session will feature brief presentations on different aspects of training, followed by a debate among CUIDAR+ Network members after each speaker. María del Carmen García Peña, General Director of the National Institute of Geriatrics, will explain the the Mexican competency certification mechanism. Laetitia Dugueyt, Project Manager of the International Cooperation Department from the Association Nationale pour la Formation Professionnelle des Adultes will explain the long-term caregivers training methodologies used in France. Finally, Helena Pátaró de Oliveira Novaes, Director of the State Reference Center for Elderly Health Care in the Brazilian state of Bahia, will describe the self-care skills taught to family caregivers of elderly individuals who require a significant level of care.

You can find the detailed agenda below:

AGENDA

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| 10:00 a.m. | Start |
| | Moderator Fiorella Benedetti – Author of the IDB's publication <i>"Toward the Professionalization of Caregivers: Training and Skills Needed for Long-Term Care."</i> |
| | Welcoming remarks by the French Development Agency / Expertise France Elodie Montetagaud – Deputy Director of Human Capital and Social Development Department, Expertise France |
| | Welcoming remarks by the European Union Ana Coimbra, Head of Cooperation of the European Union to El Salvador and to SICA. |
| | Welcoming remarks by the host country: El Salvador Martha Carolina Recinos de Bernal – Presidential Commissioner of the Republic of El Salvador |
| 10:10 a.m. | Session I – Presentation. Caregiver Training: Foundation for Improving the Quality of Care Erkuden Aldaz – Co-director of Instituto Matia (Spain) |

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| 10:30 a.m. | <p>Session II: Progress in the Care Co-responsibility Policy – Design of the Caregiver Training Curriculum in El Salvador</p> <p>Diana Barrera – Public Policy Subdirector for the Salvadoran Institute for the Development of Women (ISDEMU) Laura Fernández Cordero – Researcher at Instituto Matia (Spain)</p> |
| 10:50 a.m. | <p>Session III – Training Experiences: Country Cases. Open Discussion Space for RedCUIDAR+ Members</p> <p>Competency Certification María del Carmen García Peña – General Director of the National Institute of Geriatrics of Mexico (INGER)</p> <p>Training Methodologies Laetitia Dugueyt – Project Manager of the Internatinal Cooperation Department- National Association for Adult Professional Training (AFPA), France</p> <p>Self-Care Training Helena Pátaro de Oliveira Novaes – Director of the State Reference Center for Elderly Health Care (CREASI), Bahia, Brazil</p> |
| 11:45 a.m. | <p>Closing remarks by the Inter-American Development Bank Ferdinando Regalia – Manager of the Social Sector</p> <p>Closing remarks by the Secretariat for Central American Social Integration (SISCA) Anita Zetina – General Secretary of the Secretariat for Central American Social Integration (SISCA)</p> <p>Closing remarks by the host country: El Salvador Carlos Coca– Legal Advisor to the President of the Salvadoran Institute for the Development of Women (ISDEMU)</p> |
| 12:00 p.m. | <p>End of the meeting</p> |